

NORTHEAST MH AND WELLNESS CENTERS PARTICIPATE IN HEALTH FAIR **By Anthony Alvarado, LCSW, Mental Health Clinical Program Head**



The Northeast Mental Health Center and Northeast Wellness Center participated in the Society of St. Vincent de Paul, Council of Los Angeles' Annual Red Cross Blood Drive and Health Fair on Tuesday, June 16th, 2015.

Chris Sariego, Director of Public Relations and Marketing for the Society of St. Vincent de Paul, said this year they wanted to include providers serving the Northeast Los Angeles communities as a means to promote integrated care and to inform the community of opportunities to receive the help they need.



Nancy Flores, LCSW, and Felix Aguilar, CW, provided outreach and information to individuals interested in learning more about mental health services and the community integration opportunities offered by Northeast Mental Health Center and Northeast Wellness Center. Additionally, Arroyo Vista Family Mental Health Center participated in the event and conducted health screenings in their mobile clinic. Red Cross conducted

the blood drive, and Society for St. Vincent de Paul, Council of Los Angeles' Dress for Success program was also on hand to support individuals' efforts to get ready for employment interviews.

The event was a great success as several individuals gave blood, and as one participant said: "Whenever my grandma goes to the hospital, she gets the blood she needs. I know the blood I gave can really help someone."